

Camp Recognition

The camp won the Halifax Regional Municipality's Chief Administrative Officer's Award and the Diversity Award. The camp was recognized by the Halifax Regional Council and the Nova Scotia Labour and Workforce Development Office of the Fire Marshall, and a special resolution about the camp was made at the Nova Scotia Legislature.



"Great eye opener to the profession." Camilla Snow, 19

"Amazing. Super hands on :)" Whitney MacLeod, 18

"I feel I can take on the world" Megan Wheeler, 16

"The camp has changed my life." Emma Grady, 15

"Because of the camp I CAN! do anything."

Katie Arnold, 18



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An empowering
Police, Fire &
Paramedic program
for young women
aged 15-19



An experience of a lifetime!

Purpose of Camp Courage

This camp provides information, education, inspiration and opportunities to experience the physical demands required, thereby providing a better idea of what it takes to perform in these roles. The ultimate goal is that the young women will leave with a sense of



empowerment and the confidence to believe that they can achieve any goal, career or dream they desire.

The Program



The camp is an eight day program with two days dedicated to each of the three emergency services. The first day is a fun day to get to know each other. The last day consists of a grand finale scenario. The young women show off all their new skills and how the emergency services work together as a team to get the job done.



How Does Someone Get Accepted Into Camp Courage?

The camp is 100% free. The selection process includes writing an essay or filming a video (less than five minutes) on one of two topics. The first is how you can improve someone else's life who is less fortunate. The second is how you can improve your community. Instead of paying cash, you must do what you described in your essay or video. The only limitation is your imagination.

